December 20____

YEARLY

PLANNER







A VERY IMPORTANT QUESTION:

It's 31st December next year, you're walking down the street, and you bump into someone familiar – YOU.

What would you need to have DONE, and who would you have needed to have become, in order to be the person you're DELIGHTED TO MEET?

Describe the person you meet that day:	





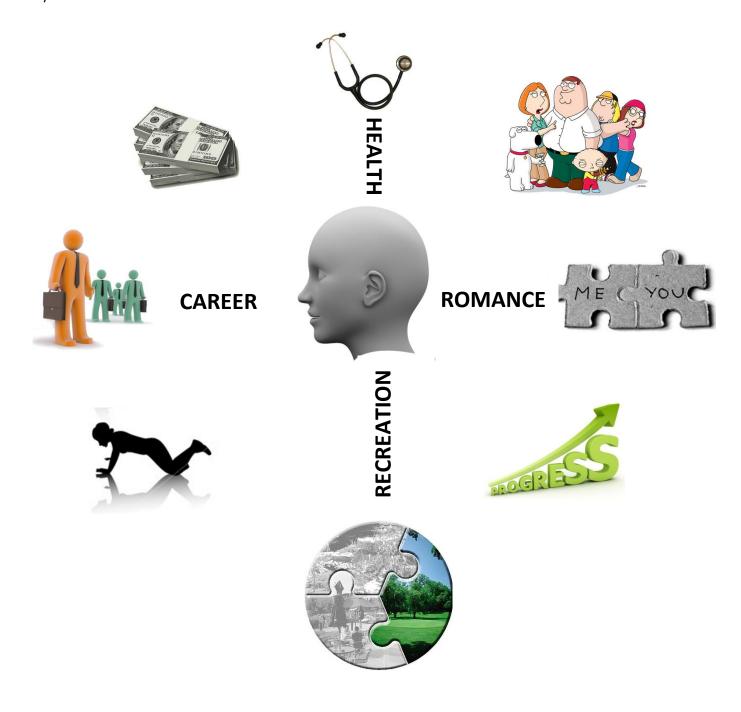
Mind Map & Wheel of Life

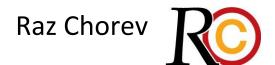
Draw, sketch, write them down. Your ideas. Don't judge – others will do it for you. Just jot them down.



Wheel of Life

Use this mind map to brainstorm as to how you might grow, change, contribute, serve and learn over the next period ahead of you.





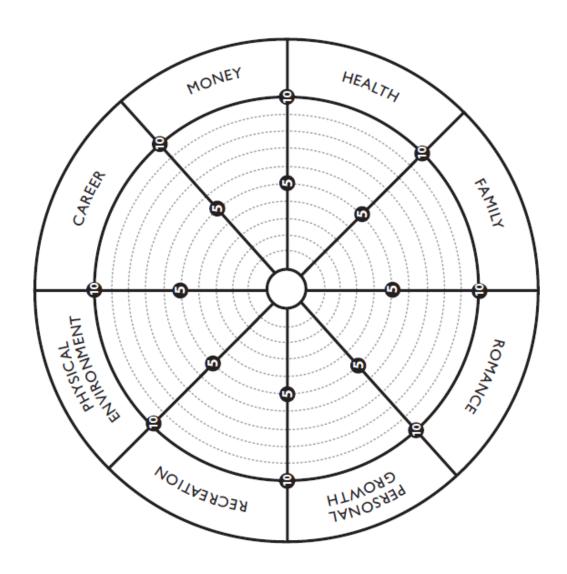
HELPING YOU DISCOVER YOUR CURRENT REALITY

Print this page out and "score" your life in each of the following areas by colouring in the level you feel you are in each area.

Closest to the outside of the circle is a 10 (best); Closest to the inside of the circle is a 0 (worst).

Then select a different coloured ink and mark the wheel where you like to be in 12 months.

Use the following page to describe what the increase actually looks like

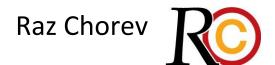




WHEEL OF LIFE

Having completed your Wheel of Life for the second time and gained clarity on WHERE you want each are to be use this section to write down what the improvement in each area looks like for you – WRITE IT AS IF YOU ARE EXPERIENCING IT IN THE PRESENT. EG: I feel so much better weighing Xkg and training 3 times each week, the energy levels I have and impact on my well being is so pleasurable.

HEALTH		
FAMILY		
DOMANICE		
ROMANCE		
PERSONAL GROWTH		



RECREATION
PHYSICAL ENVIRONMENT
CAREER
ANLLIN
MONEY



NINETY DAYS PLAN

Use this to put in place exactly what you will do WHEN, to accomplish your goals in the first ninety days of the year. Some guiding principals for planning the next ninety days include:

Answering the question

"What is preventing me/us/the business from growing?"

Listing and prioritizing the answer to the above question

Having written clarity on what an improvement in each of the areas in question looks like – using the same format as your Wheel of Life [in the present]

Breaking down based on your knowledge of self/business

What the BEST way to achieve that goal would be.

[Be sure to include a stretch goal]

Put in place a week by week breakdown of what needs to be done by whom

Agree on reporting and accountability for the plan

Action and review weekly

At 75 days starts the process all over



90 DAY ACTION PLAN FOR QUARTER ONE

				1				-
Week 13 Date								
Week 12 Date								
Week 11 Date								
Week 10 Date								
Week 9 Date								
Week 8 Date								
Week 7 Date								
Week 6 Date								
Week 5 Date								
Week 4 Date								
Week 3 Date								
Weak 2 Date								
Week 1 Date								
Week Beginning Monday	НЕАГТН	FAMILY	ROMANCE	PERSONAL	RECREATION	PHY SICAL EN/IRONMBNT	CAREER	MONEY

Raz Chorev Roze

January

MY BIG GOAL

	SINCITO A VIIITINGA	MONTHLY ACTIONS		WHAT TO LEARN	
SAT	2	5	16	23	30
FRI	н	80	15	22	29
THUR		_	14	21	28
WED		9	13	20	72
TUES		ъ	12	19	26
MON		4	11	18	25
SUN		m	10	17	2 4 31

NOTES

WHO TO MEET		



MONTHLY ACTIONS WHAT TO LEARN WHO TO MEET MY BIG GOAL SAT 133 20 27 9 FR 12 13 26 **∟**∩ February THUR 18 25 1 4 WED 10 17 24 ന TUES 16 23 ~ on. MON 22 15 00 \vdash **NOTES** SUN 28 14 21



March

MY BIG GOAL

	SINCILLY ACTIONS			WHAT TO LEARN		WHO TO MEET
SAT	9	13	20	27		
FRI	ī,	12	19	26		
THUR	4	11	18	25		
WED	m	10	17	24	31	
TUES	2	6	16	23	30	
MOM	1	80	15	22	29	
SUN		7	14	21	28	NOTES



NEXT 90 DAYs – What should I do?



April

MY BIG GOAL

		MONTHLY ACTIONS		WHAT TO LEARN		WHO TO MEET	
SAT	m	10	17	24			
품	2	6	16	23	30		
THUR	H	00	15	22	29		
WED		7	14	2.1	28		
TUES		9	13	20	27		
MOM		rv.	12	19	26		
NOS		4	11	18	25	NOTES	

May

MY BIG GOAL

	NONTHUM ACTIONS			WHAT TO LEARN		WHO TO MEET	
SAT	1	ಐ	15	22	29		
FR		7	14	2.1	28		
THUR		9	13	20	27		
WED		rv.	12	19	26		
TUES		4	11	18	25		
NOM		m	10	17	24 31		
SUN		2	6	16	23	NOTES	

MY BIG GOAL		SHOLLOW	MONIFIER ACTIONS		WHAT TO LEARN		WHO TO MEET	
	SAT	ъ	12	19	26			
	FRI	4	11	18	25			
a	THUR	m	10	17	24			
June	WED	2	6	16	23	30		
,	TUES	1	80	15	22	29		
	MON		7	14	2.1	28		
	SUN		9	13	20	72	NOTES	



NEXT 90 DAYs – What should I do?



MY BIG GOAL			MONTHLY ACTIONS		WHAT TO LEARN
	SAT	m	10	17	24
	FRI	2	6	16	23
	THUR	1	ಐ	15	22
July	WED		7	14	21
	TUES		9	13	20
	MON		20	12	19
	Z				

WHO TO MEET		
NOTES		

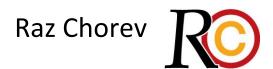


August

MY BIG GOAL

		MONTHET ACTIONS		WHAT TO LEARN		WHO TO MEET	
SAT	7	14	21	28			
FRI	9	13	20	72			
THUR	rv.	12	19	26			
WED	4	11	18	25			
TUES	m	10	17	24	31		
MON	2	6	16	23	30		
SUN	1	80	15	22	29	NOTES	

MONTHLY ACTIONS WHAT TO LEARN WHO TO MEET MY BIG GOAL SAT 25 11 18 4 10 24 17 ന September 16 23 30 **O**1 ~ WED 15 22 29 \rightleftarrows 00 TUES 14 28 21 MOM 20 13 27 9 NOTES SUN 12 19 26 LΩ



NEXT 90 DAYs – What should I do?



MONTHLY ACTIONS WHAT TO LEARN WHO TO MEET MY BIG GOAL SAT 16 23 30 **0**1 \sim FR 15 22 29 00 \leftarrow THUR October 14 21 28 -WED 13 20 27 9 TUES 19 26 12 LΩ MON 25 11 18 4 **NOTES** SUN 10 17 24 ന

November

MY BIG GOAL

		MONTHLY ACTIONS		WHAT TO LEARN	
SAT	9	13	20	27	
FRI	5	12	19	26	
THUR	4	11	18	25	
WED	m	10	17	24	
TUES	2	6	16	23	30
MON	1	80	15	22	29
SUN		7	14	21	28

WHO TO MEET

NOTES

MONTHLY ACTIONS WHAT TO LEARN WHO TO MEET MY BIG GOAL SAT 25 11 18 ₹ 꿆 10 17 24 31 ന December THUR 16 23 30 N on. WED 15 22 29 00 TUES 14 28 21 **|** MON 13 20 27 9 NOTES SUN 12 19 26 LO.

