

December 20\_\_

# YEARLY PLANNER



Raz Chorev





A VERY IMPORTANT QUESTION:

It's 31<sup>st</sup> December next year, you're walking down the street, and you bump into someone familiar – YOU.

*What would you need to have DONE, and who would you have needed to have become, in order to be the person you're DELIGHTED TO MEET?*

Describe the person you meet that day:

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*Mind Map & Wheel of Life*

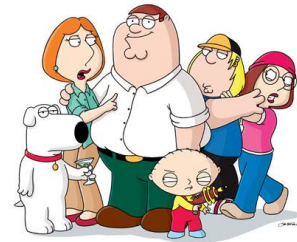
Draw, sketch, write them down. Your ideas. Don't judge – others will do it for you. Just jot them down.

# Wheel of Life

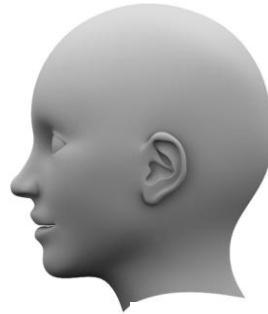
Use this mind map to brainstorm as to how you might grow, change, contribute, serve and learn over the next period ahead of you.



**HEALTH**



**CAREER**



**ROMANCE**



**RECREATION**



Raz Chorev



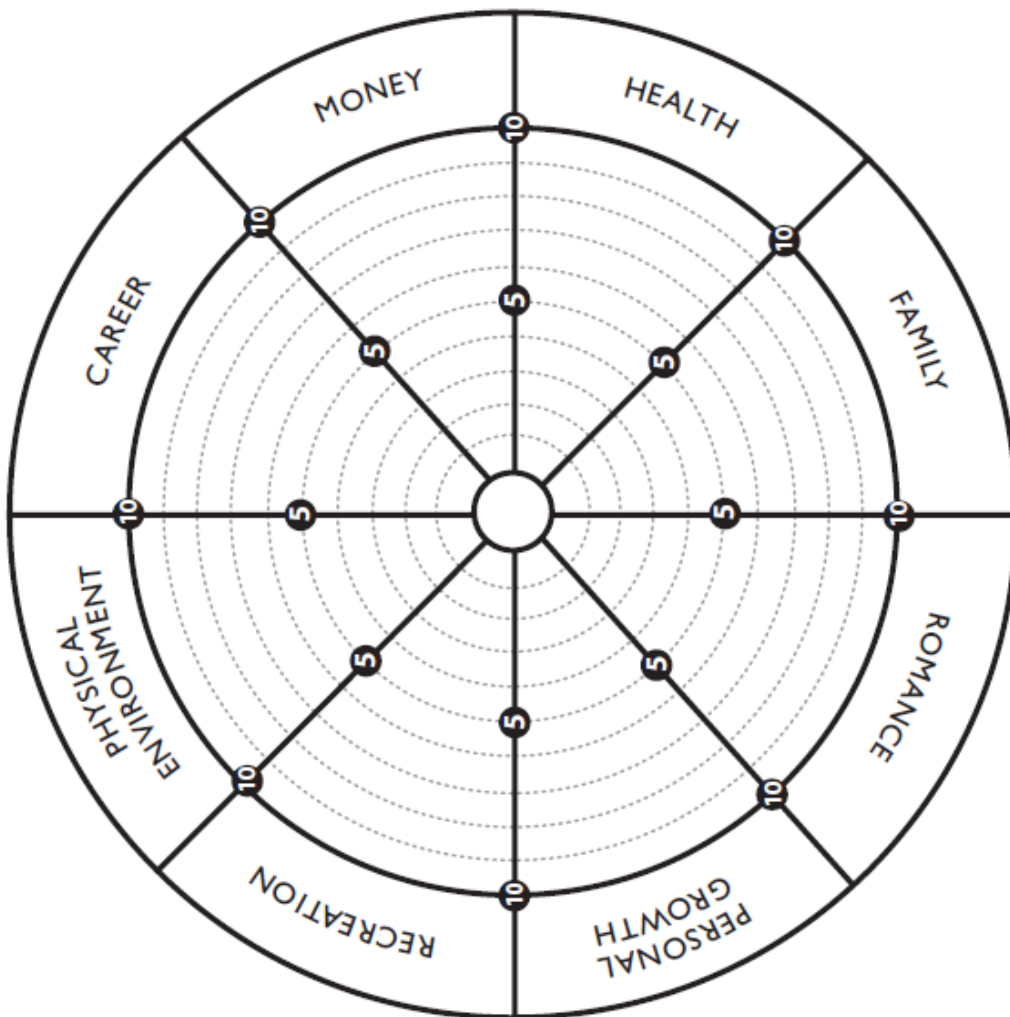
## HELPING YOU DISCOVER YOUR CURRENT REALITY

Print this page out and “score” your life in each of the following areas by colouring in the level you feel you are in each area.

Closest to the outside of the circle is a 10 (best); Closest to the inside of the circle is a 0 (worst).

Then select a different coloured ink and mark the wheel where you like to be in 12 months.

Use the following page to describe what the increase actually looks like



# WHEEL OF LIFE

Having completed your Wheel of Life for the second time and gained clarity on WHERE you want each area to be use this section to write down what the improvement in each area looks like for you – WRITE IT AS IF YOU ARE EXPERIENCING IT IN THE PRESENT. EG: I feel so much better weighing Xkg and training 3 times each week, the energy levels I have and impact on my well being is so pleasurable.

## HEALTH

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## FAMILY

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## ROMANCE

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## PERSONAL GROWTH

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RECREATION

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PHYSICAL ENVIRONMENT

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CAREER

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MONEY

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## NINETY DAYS PLAN

Use this to put in place exactly what you will do WHEN, to accomplish your goals in the first ninety days of the year. Some guiding principals for planning the next ninety days include:

*Answering the question*

*“What is preventing me/us/the business from growing?”*

*Listing and prioritizing the answer to the above question*

*Having written clarity on what an improvement in each of the areas in question looks like – using the same format as your Wheel of Life  
[in the present]*

*Breaking down based on your knowledge of self/business*

*What the BEST way to achieve that goal would be.*

*[Be sure to include a stretch goal]*

*Put in place a week by week breakdown of what  
needs to be done by whom*

*Agree on reporting and accountability for the plan*

*Action and review weekly*

*At 75 days starts the process all over*



90 DAY ACTION PLAN FOR QUARTER ONE

Week Beginning Monday	Week 1 Date	Week 2 Date	Week 3 Date	Week 4 Date	Week 5 Date	Week 6 Date	Week 7 Date	Week 8 Date	Week 9 Date	Week 10 Date	Week 11 Date	Week 12 Date	Week 13 Date
HEALTH													
FAMILY													
ROMANCE													
PERSONAL GROWTH													
RECREATION													
PHYSICAL ENVIRONMENT													
CAREER													
MONEY													

# January

SUN	MON	TUES	WED	THUR	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**MY BIG GOAL**

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**MONTHLY ACTIONS**

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**WHAT TO LEARN**

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**WHO TO MEET**

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**NOTES**

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# February

SUN	MON	TUES	WED	THUR	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

## NOTES

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### MY BIG GOAL

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### MONTHLY ACTIONS

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### WHAT TO LEARN

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### WHO TO MEET

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# March

SUN	MON	TUES	WED	THUR	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**MY BIG GOAL**

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**MONTHLY ACTIONS**

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**WHAT TO LEARN**

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**WHO TO MEET**

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**NOTES**

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NEXT 90 DAYs – What should I do?

# April

SUN	MON	TUES	WED	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

**MY BIG GOAL**

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**MONTHLY ACTIONS**

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**WHAT TO LEARN**

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**WHO TO MEET**

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**NOTES**

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# May

SUN	MON	TUES	WED	THUR	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## NOTES

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## MY BIG GOAL

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## MONTHLY ACTIONS

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## WHAT TO LEARN

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## WHO TO MEET

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# June

SUN	MON	TUES	WED	THUR	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## MY BIG GOAL

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## MONTHLY ACTIONS

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## WHAT TO LEARN

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## WHO TO MEET

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## NOTES

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NEXT 90 DAYs – What should I do?

# July

SUN	MON	TUES	WED	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## MY BIG GOAL

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## MONTHLY ACTIONS

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## WHAT TO LEARN

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## WHO TO MEET

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## NOTES

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# August

SUN	MON	TUES	WED	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## NOTES

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## MY BIG GOAL

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## MONTHLY ACTIONS

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## WHAT TO LEARN

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## WHO TO MEET

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# September

SUN	MON	TUES	WED	THUR	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

## NOTES

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### MY BIG GOAL

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### MONTHLY ACTIONS

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### WHAT TO LEARN

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### WHO TO MEET

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NEXT 90 DAYs – What should I do?

# October

SUN	MON	TUES	WED	THUR	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## NOTES

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### MY BIG GOAL

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### MONTHLY ACTIONS

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### WHAT TO LEARN

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### WHO TO MEET

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# November

SUN	MON	TUES	WED	THUR	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

**MY BIG GOAL**

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**MONTHLY ACTIONS**

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**WHAT TO LEARN**

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**WHO TO MEET**

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**NOTES**

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# December

SUN	MON	TUES	WED	THUR	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## NOTES

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### MY BIG GOAL

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### MONTHLY ACTIONS

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### WHAT TO LEARN

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